

DICHIARAZIONE SOSTITUTIVA DI CERTIFICAZIONE  
(DPR 28 DICEMBRE 2000, N. 445, ARTT. 46 E SEG.)

## Curriculum vitae Rosaria Di Puerto

### **PERSONAL DATA:**

Name and Surname: Rosaria Di Puerto  
Place and date of birth: Napoli, 18/02/1985  
Address: Piazza Madre Teresa di Calcutta N.1 Fiorano Modenese 41042 (Mo)  
Marital status: married  
Car: B driving licence  
Telephone number: 329/2866269  
E-mail: rosaria.dipuorto@libero.it

### **STUDIES AND TRAINING:**

01/02/2021: First level university master's degree (Università degli studi di Modena e Reggio Emilia)  
"coordination functions of health professions".  
06/02/2017- CIMI international diploma AIMI infant massage obtained at AIMI Bologna  
10/2007 - Degree in Obstetrics obtained from the faculty of Modena and Reggio Emilia with a thesis  
entitled: "Infant feeding and breastfeeding Modena 2005" Score awarded 110 cum laude /110  
2004 Scientific high school diploma from the "Aldo Moro" high school in Reggio Emilia.

### **PUBLICATIONS :**

- writing several articles for the magazine "Bambini e Genitori" APS children and parents - the non-profit community to support their growth
- "Per crescere un bambino ci vuole un villaggio. Strumenti di genitorialità" Latte di nanna edizioni September 2024.
- "Salute e dieta in gravidanza . come tenersi in forma durante i nove mesi" book. Issue n.49 of the "Genitori & Figli" series published by EMSE Italia srl. December 26, 2023
- "Nove mesi nella pancia. Dal concepimento alla nascita" book. Issue n.32 of the "Genitori & Figli" series published by EMSE Italia srl. August 29, 2023
- "Allattamento a richiesta": cosa significa?" podcast "Risposte in due minuti" for Digital magazine-Italian periodicals Arnoldo Mondadori Editore. November 2022
- "I punti cardine dell'allattamento" podcast "Risposte in due minuti" for Digital magazine-Italian periodicals Arnoldo Mondadori Editore. August 2022
- "Allattare il primo e il secondo figlio insieme" article published in the magazine "Nostrofiglio.it" August 2022

-“Allattamento per tutte- strumenti, verità e miti da sfatare”  
April 2022 red edizioni

- Opening and creation of the Social page “Genitori a mano a mano” which aims to provide information and scientific dissemination on the issues of pregnancy, parenting and child care. February 2020

### **DOCTORAL ACTIVITIES**

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-Academic year 2023-2024 e 2024-2025 “Corso di Patologia dell’allattamento” nel modulo -“scienze infermieristico ostetrico ginecologiche applicata alla patologia della gravidanza” Degree Course in Obstetrics at the University of Modena and Reggio Emilia, Faculty of Medicine and Surgery

- 24 Maggio 2025 speaker at the event “allattamento e comunicazione: operatori, comunità e ricerca psicosociale” Reggio Emilia

-8 October 2023 Speaker at the event "InParents, inform and grow, together" Rome.

- Academic year 2022-2023 "Course of Pathology of Breastfeeding" 3rd year of the Degree Course in Obstetrics at the University of Modena and Reggio Emilia, Faculty of Medicine and Surgery.

- From 16 to 30 October 2021 "support parenting in the first 1000 days" for the Modena Local Health Authority

- FROM 22 February 2021 to 26 February 2021 (editions 1 and 2) "update on breastfeeding" for the Modena Local Health Authority

- From September 2018 to 28 February 2019 Comprehensive training aimed at all operators of the Modena Local Health Authority for the project conducted by the Emilia Romagna region "Relaxed breastfeeding: theory and practice of laid-back breastfeeding"

### **EXTRA ACTIVITIES CARRIED OUT WITH A PARTY OF THE COMPANY OF AUSL OF MODENA:**

18 October 2019 participation in the television program “detto tra noi” of the television broadcaster TRC in order to expose the initiatives conducted by the hospital and local authorities of the Modena local health authority in the context of the 2019 world breastfeeding week

11 July 2018 participation in the television program “detto tra noi” of the television broadcaster TRC in order to expose the work carried out in the context of the “Nascere a Mirandola” project

From September to October 2017 preparation of informative videos on the importance of infant massage published on the social channels of the Modena Local Health Authority

from February to August 2017 participation in the filming of the docufilm “Io chiameremo Francesco” published in June 2018. In this context, the entire process of assisting the physiological pregnancy of a couple for whom I was the reference clinician was documented. The video is present on the YouTube channel and on the company's social channel by Azienda Usl di Modena.

### **WORK EXPERIENCE**

From January 2021 starting with the role of Midwife cat. D with full-time permanent contract at the Local Health Authority of Modena at the Women's Health clinic in the Sassuolo district.

From February 2015 to December 2020 with the role of Midwife cat. D with a full-time permanent contract at the Local Health Authority of Modena at the Women's Health clinic in the Mirandola district.

Here she was the contact person for the following activities:

- birth preparation courses and related planning and annual report
- monothematic courses for pregnant women "let's talk about breastfeeding"
- monothematic courses "weaning and self-weaning"
- monothematic courses "bringing the little ones", use and benefits of the baby carrier
- territorial breastfeeding and puerperium clinic
- mobile telephone line active every morning from Monday to Saturday for mothers who need breastfeeding support and outpatient consultation appointments.
- organisation, convocation and management of the multidisciplinary and inter-district table for sharing projects (protocols and hospital-territory pathways) on the promotion and support of breastfeeding
- "born in mirandola" project, events in the library and hospital
- editorial committee on breastfeeding, infant massage, puerperium and physiological pregnancy for mothers' questions and publications of the company blog "nascere a mirandola"
- shooting of the short film "we'll call him Francesco" (documentary film that traces the birth journey experienced by a couple of young boys expecting a child).
- annual flash mob activity and all other SAM initiatives
- health education and STD prevention activities in high schools and middle schools in the municipality of Mirandola (regional projects "know the clinic" and "w l'amore" in the context of the youth space)
- team training for the Gordon NIC-NOC-NANDA model
- start of the violence during pregnancy screening project and its diffusion
- intercompany multidisciplinary table that deals with the drafting of consultancy protocols to support couples with sterility problems.
- participation in the inter-company multidisciplinary table that deals with the drafting of consultancy protocols to support first and second level breastfeeding
- participation in the inter-company multidisciplinary table that deals with the drafting of consultancy protocols for the conduct of birth support courses.

From 02 January 2013 to February 2015 with the role of Cat. D Midwife with a full-time permanent contract at the Local Health Authority of Modena, Obstetrics and Gynecology Operational Unit of the Santa Maria Bianca Hospital in Mirandola.

From 03 October 2011 to December 2012 with the role of Midwife with a fixed-term contract Local Health Authority of Modena Obstetrics and Gynecology operational unit Ramazzini hospital in Carpi

From 15 February 2010 to September 2011 Recruitment with a fixed-term contract by the employment agency Synergie Italia to meet the needs of temporary work at the Local Health Authority of Modena, district 4 of Sassuolo, "Women's Health Consultancy" service.

From 1 August 2009 to 31 December 2009 Freelance activity at the Local Health Authority of Modena District 4 of Sassuolo "Women's Health Consultancy" service in approval of the Project contained in the 2009-2011 Area Plan for informational-educational activities of taking charge, of care and support interventions carried out with a view to professional and socio-health integration between the Women's Health/Consultancy and the Family Center of the Municipalities of the District.

From 14 May 2009 to 31 December 2009 Freelance activity with the opening of a sole proprietorship "La Via Lattea di Di Puerto Rosaria" through the provision of consultancy to private individuals for breastfeeding and postpartum support.

## **INTERNSHIP ACTIVITIES**

From 4 February 2009 to 30 July 2009 Voluntary attendance at the Local Health Authority of Modena District 4 of Sassuolo "women's health consultancy" service.

From 1 November 2008 to 1 January 2009 Voluntary attendance at the New Hospital of Sassuolo in the Obstetrics and Delivery Room departments.

From 4 February 2008 to 4 August 2008 Voluntary attendance at the "Arcispedale Santa Maria Nuova" hospital in Reggio Emilia in the delivery room, obstetrics department and obstetric-gynecological clinics.

From February 2007 to October 2007: Internship at the "Arcispedale Santa Maria Nuova" hospital in Reggio Emilia in the delivery room departments, obstetrics department (puerperium and high-risk pregnancy)

From December to February 2007: Internship at the university hospital "Policlinico di Modena" in the delivery room

From October 2006 to November 2006: Internship at the integrated maternal and child department of the "Policlinico di Modena" university hospital at the sterility clinic

From June 2006 to September 2006: Internship at the public family counseling center in Sassuolo

From December 2004 to May 2006: Internship at the integrated maternal and child department of the university hospital "Policlinico di Modena" in the departments of obstetrics, nursery, neonatal, full-term pregnancy clinic, nursery, obstetric emergency room, gynecology, preventive gynecology, outpatient clinic the management of gynecological interventions

## **TRAINING AND UPDATE**

13/10/2025 e-laber  
Ausl Mo PDTA gravidanza a rischio 06/05/2024 IZEOS s.r.l.

13/09/2025 International Association Infant Massage  
The presence of Father in INFANT Massage Classes

06/05/2024 IZEOS s.r.l. Breastfeeding and responsive parenting: technical-professional contents (knowledge and skills) specific to each profession, each specialization and each ultra-specialist activity, including rare diseases and gender medicine

11/17/2023 Modena Local Health Authority  
Integrated management of sexually transmitted infections

08/11/2023 Local Health Authority of Imola  
We support workers who support breastfeeding

09/26/2023 Modena Local Health Authority  
anthropology at the service of the multi-professional team  
Shared return of a training course

08/09/2023 A.O.G.O.I. accreditation no. 2223  
Pathology of the breast during breastfeeding

08/08/2023 Parma University Hospital and Parma Local Health Authority  
ELLABER - Breast feeling - Basic breastfeeding training - 2023

04/28/2023 la leche league international  
Respect for the breastfeeding relationship - supporting and protecting the relationship beyond the concept of nourishment

23/10/2022 Salvamento Academy  
PBLS Pediatric Basic Life Support Operator (Child-Infant)

10/17/2022 Modena Local Health Authority  
Therapeutic care path (PDTA) for RISKY PREGNANCY

09/28/2022 Emilia Romagna Region  
The treatment of perinatal mental distress

09/24/2022 Emilia Romagna Region  
Regional conference on breastfeeding in Emilia Romagna

26/11/2021 Local health authority of Modena  
Diabetes and pregnancy, focus on the territorial path 1

03/11/2021 Modena Local Health Authority  
Synchronous FAD Legislative Decree 81/2008 Specific risks for workers exposed to high-level risks in the healthcare sector (risk of exposure to biological agents)

14/06/2021 Emilia Romagna Region  
Breastfeeding during the COVID pandemic in Emilia Romagna: professionals in dialogue 1

05/07/2021 Modena Local Health Authority  
Urogynecological skills 1

01/05 to 31/12/2021 Local health authority of Modena  
Topics in pathophysiology and pathology of women's reproductive health

10/27/2020 Modena Local Health Authority  
Questions for the detection of psycho-social risk factors and postpartum depression (Wooley questions)

10/16/2020 Modena Local Health Authority  
Education projects on affectivity and sexuality

02/09/2020 Modena Local Health Authority  
Topics in pathophysiology and pathology of women's reproductive health

01/10/2020 Modena Local Health Authority  
Psycho-sexological counseling: reading the application and possible treatments when taking charge.  
Communicate and coordinate in complexity

13/11/2019 Local health authority of Modena  
Vaccine-preventable infectious diseases: influenza

12/11/2019 Local health authority of Modena

Updates on vaccinations during pregnancy and in the first 48 hours

07/10/2019 Local health authority of Modena  
GNNN in practice (ed12)

18/09/2019 Local health authority of Modena  
Improve skills for health promotion and. 2

10/05/2019 Local health authority of Modena  
Eating disorders in adolescence

04/16/2018

Topics in pathophysiology and pathology of women's reproductive health

13/04/2018 Local Health Authority of Modena "talk to me, sing to me, listen to me: the relationship as a tool for building the self starting from pregnancy"

04/09/2018 Modena Local Health Authority "adoption of the Gordon theoretical model and Nanda -i taxonomy and primary nursing"

13/03/2017 Local health authority of Modena  
field training for the study and improvement group: "born in Mirandola: editorial committee of the company blog"

26 October 2017 Modena Local Health Authority  
"relaxed breastfeeding: theory and practice of laid-back breastfeeding"

22/23 September 2017 Modena Local Health Authority  
"Obstetrics and the evidence 2017: present and future for effective choices... with a look at gynaecology".

03 May 2017 Modena Local Health Authority  
"skin-to-skin contact, between science and emotion".

31 March 2017 Modena Local Health Authority  
"Alcohol and pregnancy"

25 November 2016 Modena Local Health Authority  
"domestic violence during pregnancy"

24-26 October 2016 (Sassuolo Hospital)  
"Practical breastfeeding counseling course"

10 May 2016 Modena Local Health Authority  
"alcohol and drugs: information day as part of the alcohol prevention campaign"

April 2016 Modena Local Health Authority  
"The puerperium between physiology and pathology"

15 December 2015 Local Health Authority of Modena  
"birth support courses in the Mirandola district; drafting and sharing of satisfaction and data collection tools in relation to company standards"

02 December 2015 Local Health Authority of Modena

"guidelines, paths and protocols regarding obstetric-gynecological problems of a family clinic (Mirandola)

27 December 2015 (FNCO and Sassuolo Hospital)

"Pain in the puerperium: revealing it and treating it"

November 27, 2015

"pain in the puerperium, detecting it and treating it"

28 October 2015 Local Health Authority of Modena

"neurosciences and born to read"

14 May 2015 USL Modena Company "BLSD-b"

05 December 2014 USL Modena Company

"courses to accompany the birth of the Mirandola district; updating the contents and the proposal in relation to company standards"

27 November 2014 Modena USL Company

"DLG. 81/2008 training course on specific safety risks"

26 November 2014 Modena USL Company

"Legislative Decree no. 81/08 General training of workers"

19 November 2014 USL Modena Company

"theoretical-practical course on emergencies and emergencies in obstetrics"

07-22 November 2014 (Spirit Training)

"Breastfeeding, advanced 2nd level course" Mantua

10 October 2014 USL Modena Company

"Obstetrics and evidence, present and future for effective choices... with a look at gynaecology"

02 October 2014 USL Modena Company

"obstetric trainer, practical exercises on the obstetric

24 July 2014 Modena USL Company

"anti-cut-anti-puncture devices training to correctly use cannula needles with safety device to prevent cuts or puncture wounds"

05 June 2014 USL Modena Company

"neonatal resuscitation course"

12-17 March 2013 Local Health Authority Modena

"the obstetrics and gynecology team: moments of discussion and debate for a better quality of care"

13 December 2013 USL Modena Company

"obstetric pathology notebooks: 2nd module"

04 December 2013 USL Modena Company

"operating room check list, participation of the Mirandola hospital in the regional SOS net project"

29 November - 3 December 2013 Local Health Authority Modena

"new mothers-to-be and use of social media, Twitter etc.: other places to promote health"

04 November 2013 USL Modena Company  
"obstetric pathology notebooks: 1st module"

21 October 2013 USL Modena Company  
"the prevention of damage from manual handling of loads"

14 October 2013 USL Modena Company  
"theoretical-practical course on emergencies and emergencies in obstetrics"

19-20 October 2012  
"training course: healthcare companies: human resources management and organizational well-being -  
year 2012"

19-20/04/2010 USL Modena Company  
training course on support and taking charge of adverse outcomes in pregnancy "When loss is intertwined  
with birth".

09-16-24/02/2010 USL Modena Company  
training course "Effective communication with pregnant women/couples for the ultrasound examination".

20/11/2009-04/12/2009-15/01/2010 Modena Local Health Authority  
Refresher course "Preparing your mind and body for pregnancy and childbirth".

09/26/2009 AOGOI- ACT  
conference "The lands of Romagna – Topics in Obstetrics"  
For this event, 3 E.C.M. training credits were awarded. for the year 2009

09/24/2009 Modena Local Health Authority  
Training/Update Course "Nature can still amaze us: what mothers and children can do".

05/27/2009 Local Health Authority of Modena District 4 of Sassuolo  
Training/refresher course "Prenatal diagnosis of chromosomopathies: informing effectively and  
appropriately".

23-24/10/2008 Dept. of Obstetrics, Gynecology, Neonatology, Pediatrics - Women's Health program  
Basic Ultrasound Course for Midwives Training in Midwifery  
For this event, 16 E.C.M. training credits were obtained. for the year 2008

14-15-16/10/2008 MIPA Study Center - Training School  
Training/refresher course "BREASTFEEDING basic course"  
For this event, 21 E.C.M. training credits were obtained. for the year 2008

19/09/2008, University Hospital and Local Health Authority of Parma  
"Michel Odent and the birth process. The skills of the newborn and the mother".

01/07/2008 CNA  
course for Low Risk Firefighters

12-13-16-17/06/2008 CNA  
course for emergency room workers (12 hours)

24/05/2008 Club Sub Rosa Homeopathy - College of Midwives Modena  
Conference "New tools for the art of obstetrics"

For this event, 5 E.C.M. training credits were obtained. for the year 2008.

05/29/2008 University Hospital of Modena Policlinico

Conference "Thrombocytopenia in pregnancy - neonatal allo-immune thrombocytopenia".

For this event, 5 E.C.M. training credits were obtained. for the year 2008.

09-10-11-12/05/2008 MIPA Study Center - Training School Abano Terme (PD)

Refresher course "EMERGENCIES IN THE DELIVERY ROOM: clinical and psychological strategies".

For this event, 28 E.C.M. training credits were obtained. for the year 2008.

03/07/2008 University Hospital of Modena Policlinico

Training meeting "Female genital mutilation".

For this event, 3 E.C.M. training credits were obtained. for the year 2008.

01/12/07 ANDRIA scientific society

Training course "The first stage of labor"

16/11/07 Local Health Unit Company of Reggio Emilia

Conference "Obstetrics in the Matildic lands"

For this event, 11 E.C.M. training credits were obtained. for the year 2007.

13/10/07 Local Health Unit Company of Reggio Emilia

Training Event "The books of the midwife Dina Viani in the ancient P.G. section Corradini of the Arcispedale Santa Maria Nuova hospital in Reggio Emilia: a rediscovery"

07-08-09/06/07 University of Modena and Reggio Emilia

Conference: "New Views and clinical implications in prenatal diagnosis"

31/05/07 University of Modena and Reggio Emilia

Seminar "Comparison on birth assistance: the suspected macrosome"

18/05/07 La Leche League Italy

VIII breastfeeding day seminar 2007

15/05/07 University of Modena and Reggio Emilia

Seminar: "Fetal origin of adult diseases"

21/10/06 Provincial College of Midwives of Reggio Emilia

Day of study and exhibition: "From the mother to the master's degree: the training of the midwife over the centuries; history and perspectives"

7/10/06 University of Modena and Reggio Emilia

Update meeting: "Breast milk and cuddles 2006"

The protection of breastfeeding

1-2-3/12/05 University of Modena and Reggio Emilia

Course: "The good birth: between professional skills and relational skills"

13/05/05 University of Modena and Reggio Emilia

INTERNATIONAL SYMPOSIUM ON: "New advances in early prenatal diagnosis. Clinical implications"

LANGUAGE KNOWLEDGE

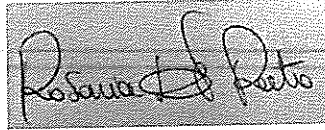
English  
German at school level

I authorize the processing of my personal data pursuant to Legislative Decree 196/2003

DATE  
OCTOBER 2025

SIGNATURE

Rosaria Di Puerto

A rectangular box containing a handwritten signature in black ink. The signature is written in a cursive style and appears to read "Rosaria Di Puerto".